



FOX HOLLIES SCHOOL
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BSSCT

29th September 2021

Dear Parents/Carers

We are experiencing a large amount of illness such as coughs and colds in school at the moment and therefore high absence rates of students and staff. This is to be expected at this time of year, however the symptoms of coughs and colds can also be symptoms for COVID19.

We also ask that you are cautious around other symptoms such as sore throat, headaches, fatigue and diarrhoea and consider a PCR test if your child has any of these symptoms as we are well aware that Covid can present differently in different people. Bearing this in mind we ask that parents are mindful when sending students into school.

Please be reminded of the main Covid symptoms, you must have a PCR test if have any one of the following symptoms:

- **A high temperature – this means you feel hot to touch on your chest or back (you do not need to measure your temperature)**
- **A new, continuous cough – this means coughing a lot for more than an hour, or 3 or more coughing episodes in 24 hours (if you usually have a cough, it may be worse than usual)**
- **A loss or change to your sense of smell or taste – this means you've noticed you cannot smell or taste anything, or things smell or taste different to normal**

We have attached a list of some sites in the area that offer appointments for PCR tests, if you use the gov.uk site you can book appointments and see the nearest site to you.

Pupils will be required to isolate at home until we have a copy of a negative result of the PCR test (please note that the PCR test is not the same as the twice weekly lateral flow test that school sends home for student use).

If your child is positive for COVID19 please do not send them into school and phone school at your nearest opportunity to discuss when your child can return.

We ask that if your child is unwell, even if they have a negative result, they are kept off school until they are recovered to help prevent the spread of other illnesses within school.

Yours sincerely

Sinéad Davies

Headteacher

