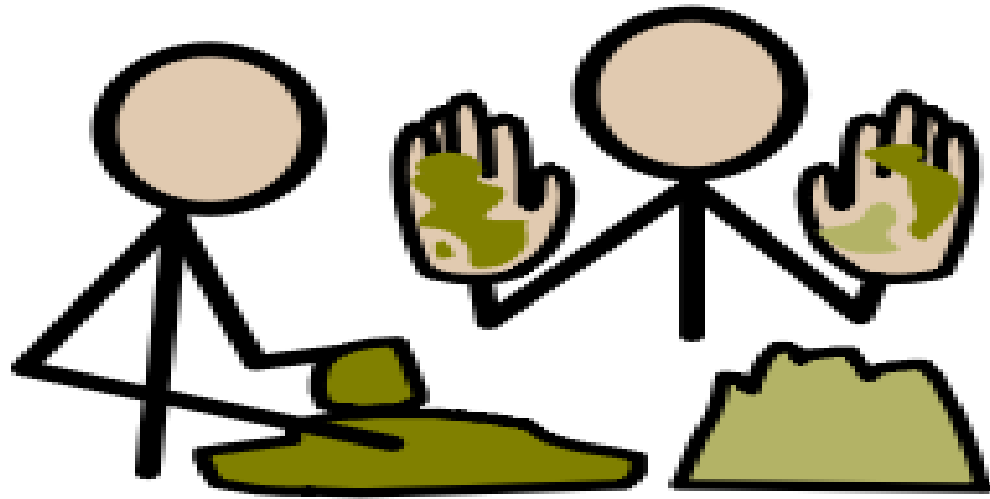


Pathway 1

Home School Learning



messy play



Fox Hollies
School



Why

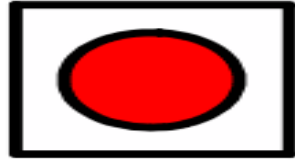


do

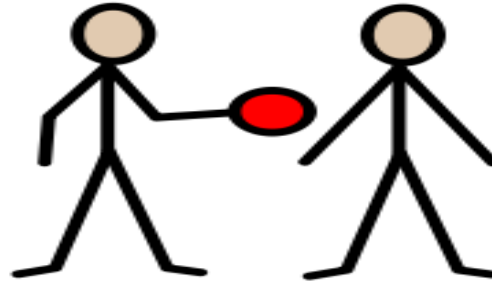


messy play?

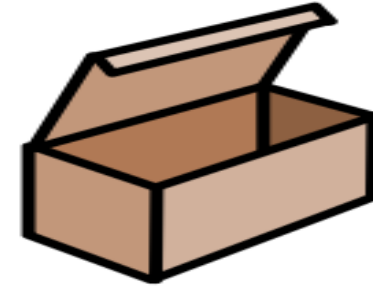
- To encourage children to manipulate and mould materials, building up their fine **motor skills** and coordination.
- To use all 5 senses, specially focus on the sense of **touch**
- Sensory trays is unstructured, open-ended, not product-oriented; it is the purest sense of **exploratory learning**
- Self-esteem**: offer kids the opportunity for self-expression , there is no right answer and students feel safe to change or experiment with what they are doing.
- Develop social skills**: practising negotiation skills, turn taking and sharing. Provides opportunities for working out problems and experimenting with solutions.
- To Encourage Imagination and **creative play**.
- To experience cause and effect activities



In



your



box

WEEK 1:

- *Shaving foam x1*
- *Food colouring x1*
- *Sand x1 bag*

Activities:

1. -ice hunting
2. -digging for worms
3. -ice cube painting
4. --baking soda volcano
5. - foamy sand

WEEK 2:

- *Cornflour x1 bag*
- *Food colouring x1*
- *Whipped cream x1*

Activities:

1. -Edible paint
2. -bubble soup
3. -bath/body painting
4. -gloop
5. -snowflakes



ICE HUNTING

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Infinite ways to play:

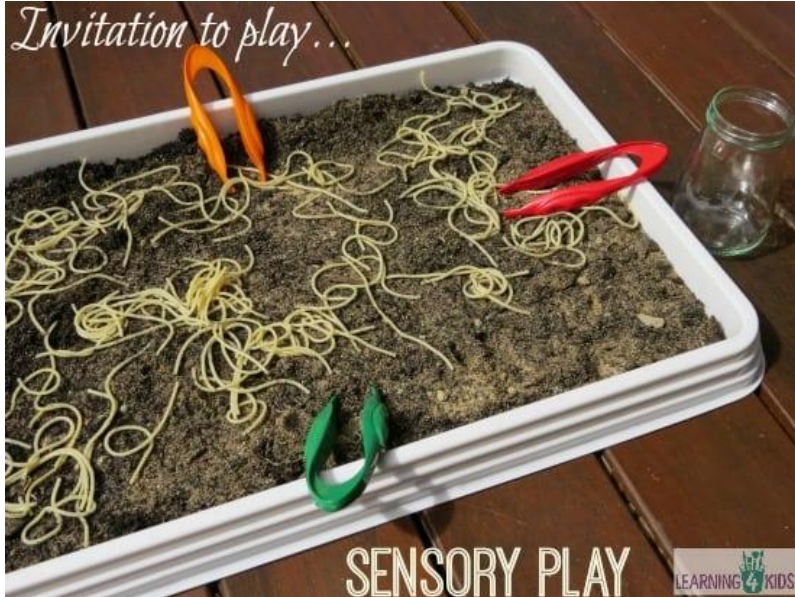
- Have fun with the shaving cream
- Find the ice cubes hidden .
- Play and Built a tower with the cubes.
- Shaving foam drawing-writing
- Washing up my favourite toys (add an extra tray with clean water)
- Ice cube painting
- ...



Digging for worms



- Slightly hide the spaghetti worms on the top layer of the sand because too much sand/soil can be too heavy and may break the worms as they are being dug out



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- Use your hands to squeeze, squish and dig out the spaghetti worms from the soil.
- Use the tweezers to catch the worms and place them into a container.



- 1-Make some coloured water. Place about $\frac{1}{4}$ cup potable water each into small bowls. ...
- 2-Put into an ice cube tray. ...
- 3-Place the tray in the freezer. ...
- 4-Prepare the handles. ...
- 5-Add the handles. ...
- 6-Put back in the freezer. ...
- 7-Remove from the freezer. ...
- 8-Paint using the ice cubes

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FOAMY SAND

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WHAT do we NEED:

- Sand
- Shaving cream (whipped cream)
- Big tray

-Gradually add the shaving cream and combine using hands. Add more shaving cream until desired consistency is made.

- Add dinosaurs, shells and toy cars to extend the play
- Draw and write in the sand foam tray



BAKING SODA VOLCANO

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STEPS

- 1-Place small cups or containers inside a large dish or bin.
- 2-Add a few tablespoons of baking soda into each small container.
- 3-Add the food colouring to give colour and scent to the explosion of foam
- 4-Mix the baking soda and food colouring together in each of the small cups.
- 5-Add vinegar to simple plastic squeeze bottles. And squeeze the vinegar into the mixture.
- 6-Encourage the children to explore what's left with their hands, spoons, cups, and spoons.



HOMEMADE EDIBLE PAINT

- **INGREDIENTS**

- 4 Tablespoons of corn flour (corn starch)
- Cold water
- 1 Cup of boiling water
- Liquid food coloring



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- In a medium saucepan, mix the cornflower with enough cold water to make a paste. (Not too runny).
-
- Pour in 1 cup of boiling water and stir thoroughly so there are no lumps.
-
- Turn on medium heat on the stove and mix. The mixture will start to change and you will notice some clear streaks forming in the mixture. Once you see this, turn off the heat and continue stirring. It will start to thicken and turn into a wonderful, custard-like consistency.
-
- Spoon equal amounts into empty jars, cups or containers and add food coloring. Mixing until completely combined.
-
- Store in the fridge covered with cling wrap for up to 2 weeks.



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‘BUBBLE’ SOUP



- Make bubbles by swishing the water around with your hands.
- Make bubbles using the whisk. Which one makes the most bubbles?
- Hide the bottle tops/toys in the bubble and play
- Try scooping out the hiding bottle tops/toys in the bubbles.
- Balance the bottle tops/toys on the edge of the container and fill them with bubbles.



Edible bodypainting

- Take a tub of delicious unhealthy goodness (aka Cool Whip)
- Put a spoonful in each slot of a cupcake tin ,tray or bowl
- Mixed each dollop with a few squirts of food coloring.
- Take your t-shirt off an use a brush or your hands to paint your body.



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GLOOP

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You will need:

- 2 cups of cornflour
- 1 cup of water
- Food Colouring (OPTIONAL)
- A large container or tray



- Place the cornflour into a large container.
 - Pour the water into the container.
 - Mix the water into the cornflour
 - Add some food colouring (optional)
- It will take some time to mix together but encourage your child to play with the gloop before it is mixed.

